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| SERIES TITLE | AND JESUS HEALED THEM ALL - MENTALLY, EMOTIONALLY |
| SERIES FOUNDATION SCRIPTURE | Acts 10:38 THE VOICE <i>You know God identified Jesus as the uniquely chosen One by pouring out the Holy Spirit on Him, by empowering Him. You know Jesus went through the land doing good for all and healing all who were suffering under the oppression of the evil one, for God was with Him.</i> |
| HEALING SCHOOL FOUNDATION SCRIPTURE | Proverbs 4:20-22 THE VOICE <i>²⁰ My son, pay attention to all the words I am telling you. Lean in closer so you may hear all I say. ²¹ Keep them before you; meditate on them; set them safely in your heart. ²² For those who discover them, they are life. They bring wholeness and healing to their bodies.</i> |
| OUR STUDY POINTS FOR THIS LESSON | <ol style="list-style-type: none"> Jesus came to help all who needed emotional healing. <ul style="list-style-type: none"> Psalm 34:18 THE VOICE <i>When someone is hurting or brokenhearted, the Eternal moves in close and revives him in his pain.</i> Psalm 147:3 NIV <i>He heals the brokenhearted and binds up their wounds.</i> Isaiah 61:1 THE VOICE <i>The Spirit of the Lord, the Eternal, is on me. The Lord has appointed me for a special purpose. He has anointed me to bring good news to the poor. He has sent me to repair broken hearts, And to declare to those who are held captive and bound in prison, "Be free from your imprisonment!"</i> Luke 4:18-19 THE VOICE <i>The Spirit of the Lord the Eternal One is on Me. Why? Because the Eternal designated Me to be His representative to the poor, to preach good news to them. He sent Me to tell those who are held captive that they can now be set free, and to tell the blind that they can now see. He sent Me to liberate those held down by oppression. In short, the Spirit is upon Me to proclaim that now is the time; this is the jubilee season of the Eternal One's grace.^[1]</i> Knowing and protecting our identity in Christ helps us to be able to stand and withstand life's sometimes incomprehensible happenings. Getting and affirming our identity in Christ helps us heal. It is because we know who we are and whose we are that we are able to triumph. Ephesians 1/ Colossians 1-2 / Revelation 12:11 |
| THOUGHTS ON THE LESSON | My spiritual health is tied to my emotional health; they are both important to me as a believer and to God, my Creator. I cannot and will not neglect my emotional health and well-being; this is part of God's salvation package. He came for ALL of me--not just my spirit. Jesus paid for my mental and emotional well-being, and I choose to receive it and walk in it. |
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HEALING CONFESSION FOR MENTAL WELLNESS

Father, in the Name of Your Son Jesus and by His shed blood, I make this confession according to Acts 10:38 that says that Jesus went about doing good, healing all who were oppressed by the devil.

I operate in the authority I have been given; therefore, I declare that I am free from any and all mental and emotional distress. The devil has no authority in my life, so I declare that I am free from oppression, all forms of demonic harassment, and most certainly, demonic possession. I am a child of The King, and nothing good is far from me. He has given to me the right to be free--spirit, soul, and body.

I confess that I am free from neurotic and psychotic behavior and episodes. I am free from depression. I am free from anxiety. I am free from fear. I am free from feeling powerless. I am free from feeling unloved. I am free from schizophrenia. I am free from hallucinations. I am free from delusions. I am free from disorganized thinking. I am free from confusion. I am free from damaging impulsive behavior. I am free from the trauma of emotional, physical, and verbal abuse. I am free from chronic thoughts of loneliness. I am free from insomnia. I am free from repetitively or long bad relationships. I silence every intrusive lie from the enemy.

I declare that all my brain and soul functions align with God's perfect design. All my neurons fire in the right way and at the right time. All my synapses function as the communication centers they are designed to be, allowing me to learn--no subject is too complex for me to comprehend or too difficult for me to understand. I suffer no chemical imbalances. I have the right levels of serotonin, dopamine, and other manager/messenger chemicals in my brain, allowing me to function as God designed.

I confess that I am mentally and emotionally healthy by the stripes Jesus took upon His back, the thorns upon His head, the blood that flowed from His veins. I confess that I am emotionally fulfilled because I seek and drink the water that keeps me full. I see myself full of joy. I see myself pain-free. I see myself with a sound mind.

I see myself the way God sees me--created in His image to do great things in the earth for the Kingdom of God. I see myself as a worshipper of God--doing so in spirit and in truth. I know who I am in Christ, and nothing changes that for me.

There is life in the Blood flowing through my veins. I'm healed right now in Jesus' name.

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If it's not of God, then it's not of me. Jesus died and was raised to set me free.

I open my mouth and I decree, that if it's not of God, then it's not of me.

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| OUR STUDY POINTS FOR THIS LESSON | <ol style="list-style-type: none"> 1. Jesus's compassion allowed Him to exercise His authority as the Messiah, the Son of the Living God. If Jesus did not possess the compassion of the Father, He would (or could) have left all the hurting people he encountered in the condition He found them. INSTEAD, He walked in the anointing poured on Him and the power that was in Him. <ul style="list-style-type: none"> ◦ 2 Corinthians 1:3-11 / Mark 1:21-28 / Mark 1:40-42 2. God desires that we be completely free from the effects of any trauma that we have experienced. Jesus came to show that ALL could be free. It was and is present for the receiving. <ul style="list-style-type: none"> ◦ Matthew 14:34-36 / Matthew 15:29-31 / Mark 6:53-56 / Luke 5:17-26 / Luke 6:17-19 Luke 7:11-17 3. Jesus knows the WHOLE story about us and what we need. Out of His great compassion, He is willing and able to deliver us completely. Luke 4:38-41 |
| THOUGHTS ON THE LESSON | God's compassion for me is far-reaching and goes the distance for me. Just as Jesus went from city to city and town to town, God is doing the same for me--being in place for me when I need Him, ready to heal, deliver, save, and set me free. I make a daily decision to be free, to be healed, and to be whole, for God is the same yesterday, today, and forever more. |
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| THOUGHTS ON THE LESSON | The same Spirit that raised Christ from the dead lives in me. The same authority and compassion Jesus operated in is available to me. I believe. I receive. I see God's desired outcomes in my life and in the lives of those who will believe. |
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