



SERIES TITLE	AND JESUS HEALED THEM ALL - MENTALLY, EMOTIONALLY
SERIES FOUNDATION SCRIPTURE	Acts 10:38 THE VOICE <i>You know God identified Jesus as the uniquely chosen One by pouring out the Holy Spirit on Him, by empowering Him. You know Jesus went through the land doing good for all and healing all who were suffering under the oppression of the evil one, for God was with Him.</i>
HEALING SCHOOL FOUNDATION SCRIPTURE	Proverbs 4:20-22 THE VOICE <i>²⁰ My son, pay attention to all the words I am telling you. Lean in closer so you may hear all I say. ²¹ Keep them before you; meditate on them; set them safely in your heart. ²² For those who discover them, they are life. They bring wholeness and healing to their bodies.</i>
OUR STUDY POINTS FOR THIS LESSON	<ol style="list-style-type: none"> 1. Jesus healed those who were oppressed, harassed, and/or possessed by the devil. He cares about our mental health and stability. Mark 5:1-20 HCSB / Mark 7:24-30 HCSB <ul style="list-style-type: none"> ◦ Oppression - constant torment of demons attacking a person's mind, emotions, and/or body (also known as harassment) ◦ Possession - a person has been inhabited by a demonic spirit and no longer has control of his/her own body and will ◦ Examples of oppression <ul style="list-style-type: none"> ▪ low self-image (don't see yourself the way God sees you) ▪ low self-worth (don't believe you are worth what God says, when He laid it all on the line just for you) ▪ chronic distress, negative thoughts, hopelessness ▪ sleeplessness (insomnia) ▪ chronic illnesses ▪ inability to distinguish between perception and reality 2. Jesus healed those who were thirsty--emotionally and spiritually. He came to give what would always be filling and fulfilling. John 4:1-26 THE MESSAGE / 3 John 2
THOUGHTS ON THE LESSON	There is nothing that attacks me mentally, emotionally, physically, or spiritually that is incurable. Any harassment by the devil comes up against the Blood of Jesus and is rendered null and void on arrival. Jesus paid for my mental and emotional well-being, and I choose to receive it and walk in it.



HEALING CONFESSION FOR MENTAL WELLNESS

Father, in the Name of Your Son Jesus and by His shed blood, I make this confession according to Acts 10:38 that says that Jesus went about doing good, healing all who were oppressed by the devil.

I operate in the authority I have been given; therefore, I declare that I am free from any and all mental and emotional distress. The devil has no authority in my life, so I declare that I am free from oppression, all forms of demonic harassment, and most certainly, demonic possession. I am a child of The King, and nothing good is far from me. He has given to me the right to be free--spirit, soul, and body.

I confess that I am free from neurotic and psychotic behavior and episodes. I am free from depression. I am free from anxiety. I am free from fear. I am free from feeling powerless. I am free from feeling unloved. I am free from schizophrenia. I am free from hallucinations. I am free from delusions. I am free from disorganized thinking. I am free from confusion. I am free from damaging impulsive behavior. I am free from the trauma of emotional, physical, and verbal abuse. I am free from chronic thoughts of loneliness. I am free from insomnia. I am free from repetitively or long bad relationships. I silence every intrusive lie from the enemy.

I confess that I am mentally and emotionally healthy by the stripes Jesus took upon His back, the thorns upon His head, the blood that flowed from His veins. I confess that I am emotionally fulfilled because I seek and drink the water that keeps me full. I see myself full of joy. I see myself pain-free. I see myself with a sound mind.

I declare that all my brain and soul functions align with God's perfect design. All my neurons fire in the right way and at the right time. All my synapses function as the communication centers they are designed to be, allowing me to learn--no subject is too complex for me to comprehend or too difficult for me to understand.

I see myself the way God sees me--created in His image to do great things in the earth for the Kingdom of God. I see myself as a worshipper of God--doing so in spirit and in truth. I know who I am in Christ, and nothing changes that for me.

There is life in the Blood flowing through my veins. I'm healed right now in Jesus' name.

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There is life in the Blood flowing through my veins. I'm healed right now in Jesus' name.

If it's not of God, then it's not of me. Jesus died and was raised to set me free.
I open my mouth and I decree, that if it's not of God, then it's not of me.

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Amen.