



SERIES TITLE	HEALING BLOCKERS: FEAR
SERIES FOUNDATION SCRIPTURE	<p>2 Timothy 1:6-7 NEW KING JAMES VERSION</p> <p>6 Therefore I remind you to stir up the gift of God which is in you through the laying on of my hands.</p> <p>7 For God has not given us a spirit of fear, but of power and of love and of a sound mind.</p>
HEALING SCHOOL FOUNDATION SCRIPTURE	<p>Proverbs 4:20-22 THE VOICE</p> <p><i>20 My son, pay attention to all the words I am telling you. Lean in closer so you may hear all I say.</i></p> <p><i>21 Keep them before you; meditate on them; set them safely in your heart.</i></p> <p><i>22 For those who discover them, they are life. They bring wholeness and healing to their bodies.</i></p>
OUR STUDY POINTS FOR THIS LESSON	<ol style="list-style-type: none"> <li>1. God's Word is clear: fear is NOT something He's given us.</li> <li>2. Fear comes to make us believe that: <ul style="list-style-type: none"> <li>◦ we are powerless.</li> <li>◦ we are not loved.</li> <li>◦ our minds are unstable.</li> </ul> </li> <li>3. We are to remind ourselves that Jesus, Our High Priest, understands what we feel. He makes intercession for us to be bold (not powerless), accept God's love (not feeling unloved), and remain confidently stable (not unstable).</li> </ol> <p>Fear is an emotion that ultimately manifests in our minds (constant cycles of anxious thoughts and worry) and bodies (behaviors and habits that creep in and want to stay). When fear goes unaddressed, we live WITH and live OUT its unwanted and unnecessary residence in our lives. God has made provision for us to be free from the spirit of fear and whole in every area (i.e., free from fearful emotions, too).</p> <p><b>(Luke 8:14 HCSB)</b></p>
WHAT ABOUT ME	<p>Am I worrying about something or someone that I cannot control? ___Yes ___No</p> <p>Are there cares that I need to release, turn over to God? ___Yes ___No</p> <p>Write down what you are turning over to God. _____</p> <p>_____</p> <p>_____</p>
THOUGHTS ON THE LESSON	<p>We help ourselves when we receive what God offers us in exchange for the spirit of fear: the spirit of power, spirit of love, and spirit of sound mind.</p>