



<p>SERIES TITLE</p>	<p>HEALING BLOCKERS: FEAR</p>
<p>SERIES FOUNDATION SCRIPTURE</p>	<p>2 Timothy 1:6-7 NEW KING JAMES VERSION</p> <p>6 Therefore I remind you to stir up the gift of God which is in you through the laying on of my hands.</p> <p>7 For God has not given us a spirit of fear, but of power and of love and of a sound mind.</p>
<p>HEALING SCHOOL FOUNDATION SCRIPTURE</p>	<p>Proverbs 4:20-22 THE VOICE</p> <p><i>20 My son, pay attention to all the words I am telling you. Lean in closer so you may hear all I say.</i></p> <p><i>21 Keep them before you; meditate on them; set them safely in your heart.</i></p> <p><i>22 For those who discover them, they are life. They bring wholeness and healing to their bodies.</i></p>
<p>OUR STUDY POINTS FOR THIS LESSON</p>	<ol style="list-style-type: none"> 1. God’s Word is clear: fear is NOT something He’s given us. 2. Fear comes to make us believe that: <ul style="list-style-type: none"> o we are powerless. o we are not loved. o our minds are unstable. 3. We are to remind ourselves that Jesus, Our High Priest, understands what we feel. He makes intercession for us to be bold (not powerless), accept God’s love (not feeling unloved), and remain confidently stable (not unstable). 4. Feelings do not mean we are absent of faith. Jesus was a man of faith. He felt every emotion through His own body. (Luke 22:39-46 HCSB) 5. Fear means that there is an absence of love. (1 John 4:18) We are to love God, ourselves, and others (Deuteronomy 6:5, Matthew 22:37, Luke 10:27) <p>Fear is an emotion that ultimately manifests in our minds (constant cycles of anxious thoughts and worry) and bodies (behaviors and habits that creep in and want to stay). When fear goes unaddressed, we live WITH and live OUT its unwanted and unnecessary residence in our lives. God has made provision for us to be free from the spirit of fear and whole in every area (i.e., free from fearful emotions, too).</p> <p>(Luke 8:14 HCSB)</p>

<p>WHAT ABOUT ME</p>	<p>I recognize these fear-induced thoughts and behaviors. I submit them to the authority of the blood of Jesus which flowed to redeem me from the curse, and I submit them to the stripes laid upon Jesus's back for my healing and well-being.</p> <hr/> <hr/> <hr/>
<p>THOUGHTS ON THE LESSON</p>	<p>I am fertile soil for God's amazing love to manifest completely, wholly in my life. I choose to live free from fear and be well in my spirit, soul, mind, and body.</p>
<p>RECOMMENDED READING</p>	<p><i>The Garden Within: Where the War with Your Emotions Ends & Your Most Powerful Life Begins</i> by Dr. Anita Phillips</p> <p><i>Switch on Your Brain: The Key to Peak Happiness, Thinking, and Health</i> by Dr. Caroline Leaf</p> <p><i>Emotionally, Healthy Spirituality: It's Impossible to be Spiritually Mature While Remaining Emotionally Immature</i> by Peter Scazzero</p>